### LONELY PLANET

## Epic Hikes of the World (PB), Lonely Planet (1st ed. Mar. 21) ISBN 9781838694548

With stories of 50 incredible hiking routes in 30 countries, from New Zealand to Peru, plus a further 150 suggestions, Lonely Planet's Epic Hikes of the World will inspire a lifetime of adventure on foot. From one-day jaunts and urban trails to month-long thru-hikes, cultural rambles and mountain expeditions, each journey shares one defining feature: being truly epic. In this follow-up to Epic Bike Rides and Epic Drives, we share our adventures on the world's best treks and trails. Epic Hikes is organised by continent, with each route brought to life by a first-person account, beautiful photographs and charming illustrated maps.

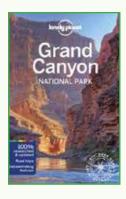
**kr. 219,00** kr. 175,20



### Grand Canyon National Park, Lonely Planet (6th ed. Mar. 21) ISBN 9781788680684

Lonely Planet's Grand Canyon National Park is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Hike the Hermit trail, swim in Oak Creek, and ride the Colorado river; all with your trusted travel companion. Get to the heart of Grand Canyon National Park and begin your journey now!

**kr. 219,00** kr. 175,20



# Great Smoky Mountains National Park, Lonely Planet (2nd ed. Mar. 21)

ISBN 9781788680943

Lonely Planet's Great Smoky Mountains National Park is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Hike Mt LeConte, explore Cataloochee, and raft on Pigeon river; all with your trusted travel companion. Get to the heart of Great Smoky Mountains and begin your journey now!

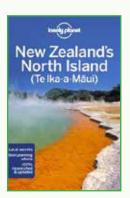
**kr. 219,00** kr. 175,20



### New Zealand's North Island, Lonely Planet (6th ed. Mar. 21) ISBN 9781787016057

Lonely Planet's New Zealand's North Island is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Glide through turquoise waters past pods of orcas in Bay of Islands; try black-water rafting in astonishing Waitomo Caves; and sample craft beer and check out the arts scene in cool little Wellington. All with your trusted travel companion. Get to the heart of New Zealand's North Island and begin your journey now.

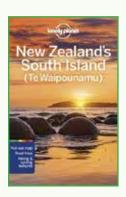
**kr. 209,00** kr. 167,20



# New Zealand's South Island, Lonely Planet (7th ed. Mar. 21) ISBN 9781787016064

Lonely Planet's New Zealand's South Island is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Kayak and swim the crystal-clear waters of glorious Abel Tasman National Park; cruise through a world-renowned collage of waterfalls, verdant cliffs and peaks, and dark cobalt waters in Milford Sound; and hike on the Fox Glacier to see crazy valleys and spectacular ice flows. All with your trusted travel companion. Get to the heart of New Zealand's South Island and begin your journey now.

**kr. 209,00** kr. 167,20



### LONELY PLANET BEST DAY WALKS

### Best Day Walks Australia, Lonely Planet (1st ed. Mar. 21) ISBN 9781838691158

Special features - on Australia's highlights for walkers, kid-friendly walks, accessible trails and what to take Best for... section helps you plan your trip and select walks that appeal to your interests

Region profiles cover when to go, where to stay, what's on, cultural insights, and local food and drink recommendations to refuel and refresh. Featured regions include: Sydney & Around, Byron Bay to the Sunshine Coast, The Daintree & the Far North, the Outback, The Kimberley & Pilbara, Southwest Forests to the Sea, Flinders to Fleurieu, Grampians to the High Country, the Prom to the Great Ocean Road, and Tasmania.

**kr. 239,00** kr. 191,20



## Best Day Walks Great Britain, Lonely Planet (1st ed. Mar. 21) ISBN 9781838690786

Special features - on Great Britain's highlights for walkers, kid-friendly walks, accessible trails and what to take Best for... section helps you plan your trip and select walks that appeal to your interests

Region profiles cover when to go, where to stay, what's on, cultural insights, and local food and drink recommendations to refuel and refresh. Featured regions include:

Cumbria & the Lakes, Devon & Cornwall, Southwest England, Northern England, Central England, Southeast & East England, London, Scotland, Wales.

**kr. 239,00** kr. 191,20



### Best Day Walks Italy, Lonely Planet (1st ed. Mar. 21)

ISBN 9781838690762

Lonely Planet's Best Day Walks Italy is your passport to 60 easy escapes into nature. Stretch your legs away from the city by picking a walk that works for you, from just a couple of hours to a full day, from easy to hard. Hike the Dolomites, explore the Italian Lakes, and stroll Sardinia's coast. Get to the heart of Italy and begin your journey now! Up-to-date information - all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak.

**kr. 239,00** kr. 191,20



### Best Day Walks Japan, Lonely Planet (1st ed. Mar. 21) ISBN 9781838690779

Lonely Planet's Best Day Walks Japan is your passport to 60 easy escapes into nature. Stretch your legs away from the city by picking a walk that works for you, from just a couple of hours to a full day, from easy to hard. Climb Mt Fuji, walk the Tohoku coast, and enjoy the views in Kamikochi. Get to the heart of Japan and begin your journey now!

**kr. 239,00** kr. 191,20



Best Day Walks New Zealand, Lonely Planet (1st ed. Mar. 21) ISBN 9781838691219

Lonely Planet Best Day Walks New Zealand is your passport to 60 easy escapes into nature. Stretch your legs away from the city by picking a walk that works for you, from just a couple of hours to a full day, from easy to hard. Wind your way around volcanoes, feast your eyes on dramatic vistas, and scale breathtaking mountains. Get to the heart of New Zealand and begin your journey now!

**kr. 239,00** kr. 191,20

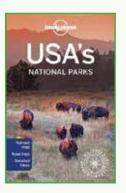


### LONELY PLANET NATIONAL PARKS

### USA's National Parks, Lonely Planet (3rd ed. Mar. 21)

ISBN 9781788688932

Lonely Planetâs USA's National Parks is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Marvel at the Grand Canyon, paddle the Everglades, and rock climb in Joshua Tree; all with your trusted travel companion. Get to the heart of USA's National Parks and begin your journey now! **kr. 249,00** kr. 199,20

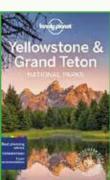


### Yellowstone & Grand Teton Nationall Parks, Lonely Planet (6th ed. Mar. 21)

ISBN 9781788680691

Lonely Planet's Yellowstone & Grand Teton National Parks is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Paddle alpine lakes, watch wildlife, and ski at Big Sky; all with your trusted travel companion. Get to the heart of Yellowstone & Grand Teton and begin your journey now!

**kr. 219,00** kr. 175,20

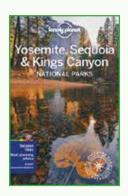


# Yosemite, Sequoia & Kings Canyon National Parks, Lonely Planet (6th ed. Mar. 21)

ISBN 9781788680707

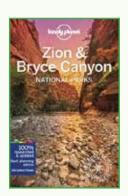
Lonely Planet's Yosemite, Sequoia & Kings Canyon National Parks is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Climb Half Dome, gaze at Mono Lake, and ski in Yosemite; all with your trusted travel companion. Get to the heart of these national parks and begin your journey now!

**kr. 219,00** kr. 175,20



# Zion & Bryce Canyon National Parks, Lonely Planet (5th ed. Mar. 21) kr. 219,00 ISBN 9781788680677 kr. 175,20

Lonely Planet's Zion & Bryce Canyon National Parks is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Climb to Angels Landing, drive Hwy 12, and hike the Narrows; all with your trusted travel companion. Get to the heart of Zion & Bryce Canyon and begin your journey now!



### ADAC VERLAG

### Deutschland 2022/2023, ADAC Maxiatlas

ISBN 9783826422690

Atlas i A3-format (folio), 432 sider med spiralryg. Vejkort over Tyskland i det tydelige målestoksforhold 1:150.000, 43 sider med gennemkørselskort i målestoksforhold 1:75 000, 76 sider store bykort kort i målestoksforhold 1:15 000, omfattende stednavneregister med mere end 77.000 indgange og oversigtskort med bladinddelingen på omslagets indersider. Campingpladser er markeret på kortet.

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### BRADT TRAVEL GUIDES

#### Bulgaria, Bradt Travel Guide (3rd ed. Feb. 21)

ISBN 9781784774707

Fully updated for this third edition by expert author Annie Kay (for over 10 years Chairman of the British-Bulgarian Society and a part-time resident of Sofia), Bradt's Bulgaria offers a comprehensive guide to this increasingly popular country, location of Provadia, Europe's oldest prehistoric town. Detailed background information is combined with everything from tips on the best hotels and mehanas to hiking through the Rila Mountains in search of brown bear or simply strolling around Nesebur's harbour. The guide also offers better coverage of the country's compelling natural history than any other guide.

**kr. 235,00** kr. 188,00



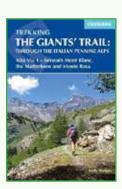
### CICERONE

## Giants' Trail, The: Alta Via 1 through the Italian Pennine Alps (1st ed. Apr. 21)

ISBN 9781852849924

Guidebook to trekking Italy's Alta Via 1 - a 180km trail through the Italian Alps, following the northern flank of the Aosta Valley from Donnas to Courmayeur. Nicknamed the Giants' Trail, the route offers fantastic views of the Alpine giants: Mont Blanc, the Matterhorn and Monte Rosa. With travel advice and accommodation listings.

**kr. 229,00** kr. 183,20



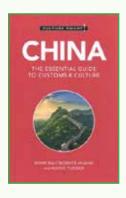
### CULTURE SMART!

# Culture Smart China: The essential guide to customs & culture (4th. ed. Mar. 21)

ISBN 9781787028807

For thousands of years, the Chinese believed that they had created a perfect social system based on Confucian values, tempered by the "Mandate of Heaven." Since the twentieth century, change has taken place in Chinese society at an unprecedented speed, as the country experienced the turmoil of civil war and revolution before emerging on to the world stage as a global superpower. Culture Smart! China puts these changes into an historical context, explains cultural attitudes, and guides you through the maze of unfamiliar social situations.

**kr. 139,00** kr. 111,20



# Culture Smart Finland: The essential guide to customs & culture (2nd. ed. Mar. 21)

ISBN 9781787029088

The people of this land of white summer nights and pristine lakes are famous for their sisu, a form of enterprising stoicism. Shaped by the harsh physical beauty around them, the Finns can be melancholy, yet have a great sense of humor and they love to dance, sing, and perform. Culture Smart! Finland offers you a deeper, more rewarding experience of this beautiful land.

**kr. 139,00** kr. 111,20



# Culture Smart Germany: The essential guide to customs & culture (3rd. ed. Mar. 21)

ISBN 9781787028845

Despite superficial appearances, Germany is a country that operates very differently from the USA and Britain. German history is more than a thousand years old and the relatively new German nation-state encompasses an astonishing variety of cultural and regional differences. German society is in a state of flux as people respond to immigration and a tough economic climate, and traditional attitudes are softening as German business globalizes. Culture Smart! Germany aims to show you what treatment to expect, what pitfalls to avoid, and how to build rapport and credibility with this culturally rich and inventive people in the heart of Europe.

**kr. 139,00** kr. 111,20

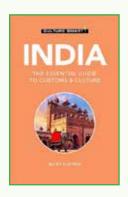


## Culture Smart India: The essential guide to customs & culture (4th ed. Mar. 21)

ISBN 9781787029002

Each region, caste, and community in India has its own culture, reflecting unique histories shaped by conquest, creativity, and religion. Steeped in ancient traditions and intensely passionate about their culture, Indians are ingenious, creative world leaders in cutting-edge science and technology. Culture Smart! India will show you how to navigate often profound cultural differences and build relationships.

**kr. 139,00** kr. 111,20



## Culture Smart Indonesia: The essential guide to customs & culture (2nd. ed. Jan. 21)

ISBN 9781787028968

Indonesia, stretching across three time zones and situated on one of the world's great maritime trade routes, has a rich and varied culture. This book reveals how modern Indonesians view themselves and go about their daily lives, and gives advice on how to navigate unfamiliar situations. Armed with essential cultural information and tips on effective communication, readers are better placed to have a more meaningful and successful experience in this fascinating country.

**kr. 139,00** kr. 111,20



### Culture Smart Italy: The essential guide to customs & culture (3rd. ed. Mar. 21)

ISBN 9781787028760

Italy delights and stimulates with its magnificent cities, monuments, landscapes, art, architecture, food, design, fashion, and people. Italian style and culture have been exported all over the world, but at home, Italian society and politics are facing challenges as the country struggles to maintain its standard of living, the stability of its currency, and its ability to provide jobs. Culture Smart! Italy provides vital information and practical tips to help smooth your path in different social situations.

**kr. 139,00** kr. 111,20



# Culture Smart Japan: The essential guide to customs & culture (4th ed. Mar. 21)

ISBN 9781787028920

The exquisite art forms, elegant culture, military prowess, and technological precision of the Japanese have long been the envy of friend and foe alike. Even as Japan adapts to a rapidly changing world, its traditional culture and consensus-based philosophy have proved resilient. Culture Smart! Japan will broaden your perception and understanding of this complex, rich, and dynamic society.

**kr. 139,00** kr. 111,20

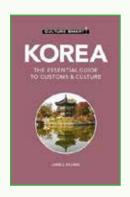


# Culture Smart Korea: The essential guide to customs & culture (2nd ed. Mar. 21)

ISBN 9781787028883

Divided along the 38th parallel, modern Korea is the subject of two very different political, social, and economic experiments. Today the military might of the Marxist-Leninist North confronts the soft power and prosperity of the ubercapitalist South, yet family and cultural ties bind the peoples of both Koreas, and reunification remains a cherished goal.

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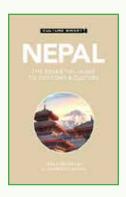


## Culture Smart Nepal: The essential guide to customs & culture (2nd ed. Mar. 21)

ISBN 9781787028722

Nestling in the foothills of the Himalayas, Nepal is a land of contrasts and incongruities—not least in the variety of its cultural, ethnic, and religious weave. Hindu and Buddhist values predominate and help to maintain social harmony despite the divisions between rich and poor, urban and rural, highlands and lowlands. Culture Smart! Nepal sets out to explain the complexities of Nepalese life, from home, to business, and the marketplace.

**kr. 139,00** kr. 111,20

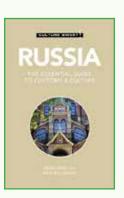


## Culture Smart Russia: The essential guide to customs & culture (3rd. ed. Mar. 21)

ISBN 9781787028685

The Russian orthodox religion is unique, Russian history is tragic, and the people are unpredictable. Russia's military and political power, as well as the rich contribution of its art and culture, is the result of an inner dynamic not always understood by outsiders. This book explores the connections between Russia's turbulent past and its paradoxical present.

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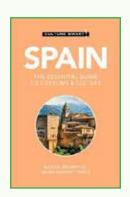


# Culture Smart Spain: The essential guide to customs & culture (3rd ed. Mar. 21)

ISBN 9781787028647

Spain often conjures up a picture of rapacious conquistadores, fiery flamenco dancers, and brilliant artists. How closely does everyday life in modern Spain conform to these dramatic stereotypes? Culture Smart! Spain explores the complex human realities of contemporary Spanish life. It describes how Spain's history and geography have created regional differences, shared values, and attitudes, and reveals what the Spaniards are like at home and in business, how they socialize, and how to build lasting relationships with them.

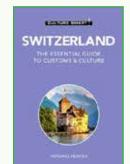
**kr. 139,00** kr. 111,20



# Culture Smart Switzerland: The essential guide to customs & culture (3rd. ed. Mar. 21)

ISBN 9781787028609

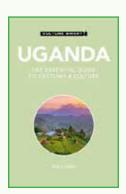
Set aside your preconceptions of postcard scenery, chocolate, cheese, faceless bankers, and spotless cities. The real Switzerland is anything but bland. This small, multilingual, and fiercely independent country in the heart of Europe is full of surprises. Culture Smart! Switzerland reveals the human dimension of this enigmatic country. It provides an historical overview, explores Swiss values and attitudes, and looks at the cultural continuity of festivals and traditions.



# Culture Smart Uganda: The essential guide to customs & culture (2nd ed. Mar. 21)

ISBN 9781787028562

There is a good reason why Uganda is called "the Pearl of Africa." Beyond the ideal climate, abundant wildlife, and spectacular natural beauty, the friendly and good-humored Ugandan people make this country different. Drawn from more than twenty tribes, they represent a tapestry of traditions, ethnicities, and cultures. As a society they are devoutly religious and conservative; as individuals they are surprisingly laid back. English is widely spoken but there are many cultural pitfalls to be aware of—differences in expectations, customs, and ways of behaving.



# Culture Smart Vietnam: The essential guide to customs & culture (3rd ed. Mar. 21)

ISBN 9781787028524

Vietnam is one of the most fascinating destinations in Southeast Asia. Having emerged from two decades of war, it is has undergone a period of rapid and far-reaching change. Culture Smart! Vietnam is for those who want to learn about the traditional values, sensibility, and modern life of the Vietnamese. It explains deep-seated attitudes and describes some of the social, economic, and cultural changes now under way.

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#### FALK

#### Deutschland, Österreich, Schweiz, Falk Strassenatlas 2021/2022 ISBN 9783827904669

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**kr. 168,00** kr. 134,40

